

The Estate

ISSUE 1

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PHOTO Eva Diaz, Chef

A whole new angle of retirement living with care and support

Angle Vale Gardens Retirement Estate Assisted Living Apartments provide flexibility and choice enabling residents to maintain independence with a little extra help with meals and cleaning.

Services are delivered in the privacy and comfort of each Angle Vale Gardens apartment. Our spacious accommodation is roomy enough for two and with additional care services delivered, there may be no need to move if residents or their spouses needs change.

The recent information session was a great success with a number of guests and their family members attending to discover more about our assisted living option. It offers independent retirees a number of services with the reassurance of care should it be needed.

Guests heard from several speakers about assisted living and the apartments as well as the wonderful community of Angle Vale Gardens. Our key note speaker Lyn Polley, an independent retirement living consultant,

talked about the benefits of assisted living and the fact that, in many cases, it offers an alternative to a nursing home.

If you weren't able to attend the session and would like to find out more, please call me to arrange an appointment on 8155 6833.

We are currently able to extend a fantastic exclusive offer; **settle on an Assisted Living Apartment before December 21, 2016 and pay only \$150,000*, saving you \$25,000.**

If you are considering a move to a secure community that offers great facilities, services and care please get in touch.

I look forward to hearing from you.

Yours Sincerely

Ally Greatedorex

Estate Manager



LIMITED TIME

**SAVE
\$25,000**

when you settle before
21 December



PHOTO Lyn Polley, Independent Retirement Living Consultant

Assisted Living Apartments



Designed for senior living, our fully self-contained apartments have all the necessary safety and mobility features to ensure you live happily and comfortably. For extra reassurance we have gated access control and surveillance security.

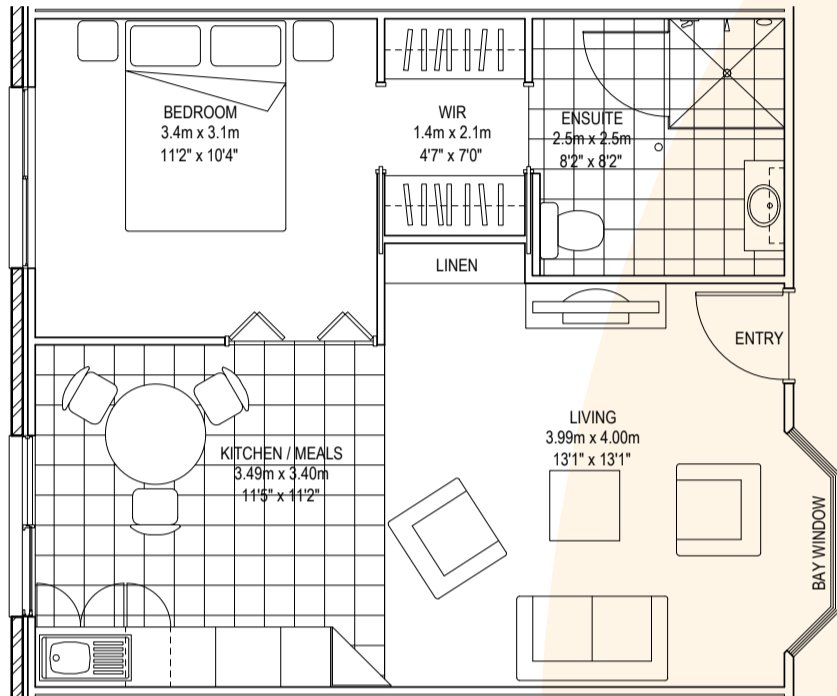
We also offer additional flexible care options which can be provided depending on preferences and needs, all giving more time to enjoy the many activities offered at Angle Vale Gardens.

Home features

- Spacious 1 bedroom
- Walk-through wardrobe
- Large ensuite bathroom
- Reverse cycle air-conditioning
- Kitchenette
- Modern open plan living/dining
- Lovely sun-drenched atrium
- Smoke alarms.

Services

- Nutritious homestyle meals
- Fortnightly apartment cleaning
- Weekly linen service
- 24-hour onsite staff and emergency call system
- Additional personal care services available.



Homes Available Now

Villa 78 - Evergreen
\$380,000

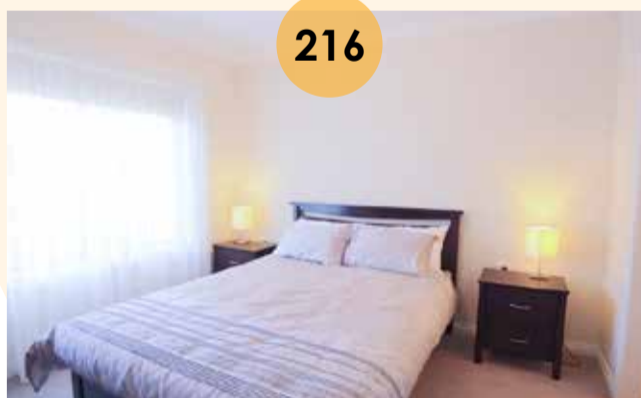
Spacious 3 bedroom home

The Evergreen is a spacious single level 3 bedroom villa with 1.5 bathrooms and a double garage.

Designed with your needs today and in the future in mind it has wide hallways and spacious living areas, bedrooms and bathroom for easy accessibility.



78



216

Apartment 216 - \$150,000
Sure to impress

This spacious modern Assisted Living Apartment offers glorious accommodation designed with 'ageing in place' in mind. Take advantage of the light and bright kitchenette and living/dining area. There is a queen-size master bedroom with ensuite and walk-in robe. You'll have year round comfort with reverse cycle air conditioning while enjoying the wonderful private outdoor patio area. With neutral decor, this apartment is ready for you to furnish as you wish.

You and your family will have peace of mind with the secure main entrance within the Community Centre and the added benefit of care and support services available to you.

Stage 8 Villas and Stage 2 Assisted Living Apartments are now selling!

Please call the estate on 8155 6833 to organise an inspection or visit anglevalegardens.com.au

Di Williams Sales Manager

Di has over 10 years experience in managing and selling retirement villages.

Like all of our staff, Di is passionate about ensuring that residents receive the lifestyle they are seeking and that our services are maintained to a high standard.



Retire in a great location

Our estate is located close to Angle Vale shops and Playford Alive shopping centre

With a bus stop located right outside the estate, you can travel to the Shopping Centre and the Smithfield Interchange train station for connection to the city.



Meet Doug and Wanda Ashby

Among our first residents, Doug and Wanda moved to Angle Vale Gardens 5 years ago. Having a few health issues, they liked the convenience of the nearby hospitals and the added security of carers and an emergency call system available at the estate.

Both are very impressed with the staff who they find friendly, caring, hardworking and a pleasure to be around.

Doug admitted initially it is a different living environment, and hard to get your head around something that is new to you, but it is easy to get used to.

In September 2011, a few of the residents formed a social committee, complete with their own constitution. Now residents enjoy many activities such as bowls, cards,

book club, tai chi, darts, line and ballroom dancing, sewing, craft, walking groups, bus trips, quiz nights, entertainment, bingo and exercise groups.

"Wanda and I are extremely glad that we made the decision to move here and grow with the estate. Our trepidation about moving to a retirement estate soon dissipated" said Doug. "When we reach the stage that we cannot manage on our own we will move into one of the Assisted Living Apartments, still at the same address with the same friends".

Moving to Angle Vale Gardens has allowed Doug and Wanda a greater sense of security and allowed them to have a more relaxing, worry free retirement.



Lifestyle

We take the work out of retirement

Say goodbye to chores such as gardening and home repairs – we do them for you. Retirement should be about relaxing and enjoying yourself, not worrying about how you'll keep the house up or whether it's secure. Whether its a leaky tap, a blocked gutter or a lawn that needs mowing, we're here to help. And, if you need it, additional support services such as linen, cleaning and meals are also available.

Standard Services

- 24 hour on-site staff and security
- Home maintenance/repairs
 - Gardening.

Optional Services

- Linen/laundry service
 - Cleaning
 - Meals
- Pharmacy service
- Personal care.

Accessibility

- Stepless housing design
 - Wide hallways
 - Lever mixer taps
- Easy reach power points
- Provisioning for grab rails.



Trust our family to look after yours

One of the first differences you'll discover distinguishing Angle Vale Gardens Retirement Estate from most of the other villages around Adelaide is that it's built and managed by a family rather than a big development company, organisation or charity.

Our family has earned a solid reputation over the last 30 years for building some of the most successful retirement estates in this country. Founded by Tom Snr and Mavis Gannon, the company is now lead by their sons Tom and Michael Gannon. Currently running retirement estates across Victoria, New South Wales and South Australia, we are committed to providing a unique, quality approach to retirement living for Australian retirees.

We know a real community can't be manufactured; it has to be nurtured.

Our philosophy is based on the integration of a central community centre with residents' homes to establish a strong sense of community and engagement amongst our residents. Communities full of fun, laughter, friends and family and the security that comes from living with your peers plus the care support we provide.



Gannon Lifestyle Group



Community Centre facilities

Angle Vale Gardens Retirement Estate provides a hub of activity with plenty to do if you want to connect with others or a little seclusion if you would like to enjoy some quiet time.

Community facilities include:

- Dining room with dance floor
- Resident lounge areas
- Indoor bowling mats
- Billiard table
- Library
- Bar
- Gym
- Craft and Hobby Room
- BBQ and outdoor area
- Hairdressing salon with visiting hairdresser
- Visiting health care professionals see you in the privacy of your own home
- Social activities such as Tai Chi, quiz nights, and table tennis.
- Ample visitor parking



Knitted with love



92-year-old Vera Watson with her trauma teddies.

PHOTO courtesy of The Bunyip, Laura Collins

Vera Watson began knitting trauma teddies shortly after she moved in to Angle Vale Gardens in June last year.

The teddies are given to children by emergency services as a way of calming them down following a traumatic incident.

When she moved in she only knew one person at the estate but as she knitted, lots of ladies asked what she was doing and asked if they could help.

They have already reached their target of 1000 teddies before Christmas and now have a new target of another 300 before Christmas.

Vera finds knitting very rewarding and the teddies are given to the Elizabeth Church to distribute.

The other intrepid knitters helping are Beryl Muller, Bev Moffett, Janice Kavanagh, Margaret Gray, Margaret Loveday, Margaret Milligan, Marie Davey, Pat Mason, Rhonda Smith, Sue Hands and Vi Johnson.

Excellent work ladies.

Info correct as at October 2016